

Campolindo High School
COUGAR TRACK & FIELD

2023 Golden Foot Awards

Ellie Buckley

1600m – 4:55.70
3200m – 10:41.96

Brendan Comerford

400 Relay – 43.14

Kyle Fossen

400 Relay – 43.14
100m – 11.18

Meagan Kennedy

400m – 58.56

Alex Lodewick

1600m – 4:17.31
800m – 1:56.99
3200m – 9:13.45

Connor McGhee

1600m – 4:23.85

Josh Myers

400 Relay – 43.14
100m – 10.76

Garrett Nelson

400 Relay – 43.14
100m – 10.69
200m – 21.78w

Pinkie Schnayer

Shot Put – 40-7

Anna Stubbington

Shot Put – 37-9.5

Mari Testa

100 Hurdles – 14.20
100m – 11.87
300 Hurdles – 46.50
200m – 24.62

Shea Volkmer

1600m – 5:00.25
3200m – 10:42.42

Blake Webster

1600m – 4:20.21
3200m – 9:14.90

2023 School Records

Girls' 100 Hurdles – **Mari Testa** 14.20w

Girls' 100m – **Mari Testa** 11.87

Girls' 200m – **Mari Testa** 24.62

Girls' Shot Put – **Pinkie Schnayer** 40-7

Boys' 400 Relay – **Myers-Nelson-Fossen-Comerford** 43.14

Boys' 100m – **Garrett Nelson** 10.69

Boys' 200m – **Garrett Nelson** 21.78w

Boys' 6400 Relay – **Thomasson-Webster-McGhee-Lodewick** 17:42.77

2023 Tri-Valley Area Champions

Mari Testa – 100 Hurdles, 100m, 200m

Ellie Buckley – 1600m, 3200m

Garrett Nelson – 100m

2023 North Coast Section Champions

Pinkie Schnayer – Shot Put

Mari Testa – 100 Hurdles, 100m, 200m